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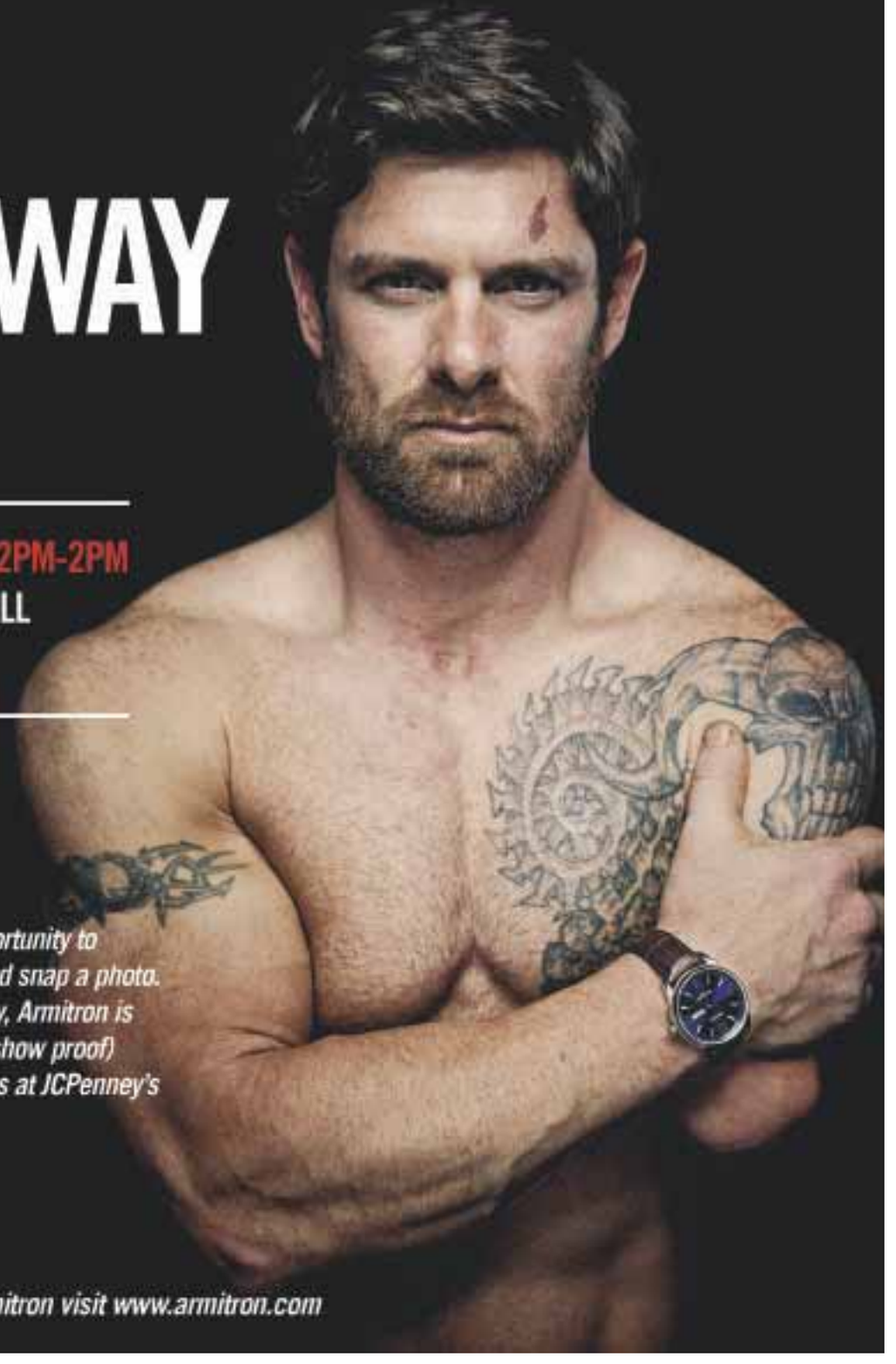

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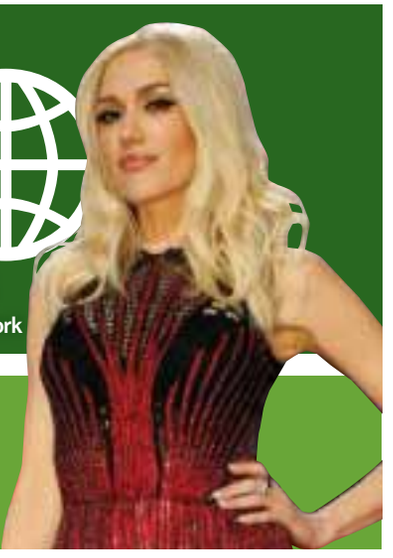

BETTER SAFE THAN SORRY, RIGHT?

Gwen and Blake are already planning their breakup. 16

'The Sartorialist' on street style evolution. 17

Jets can't crack top 10 in power ranks. 25

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TIGHT KNIT

Older New Yorkers keep busy — and keep earning — churning out handmade knits for WOOLN. 6

BESS ADLER

CHARGES IN CYBERFRAUD

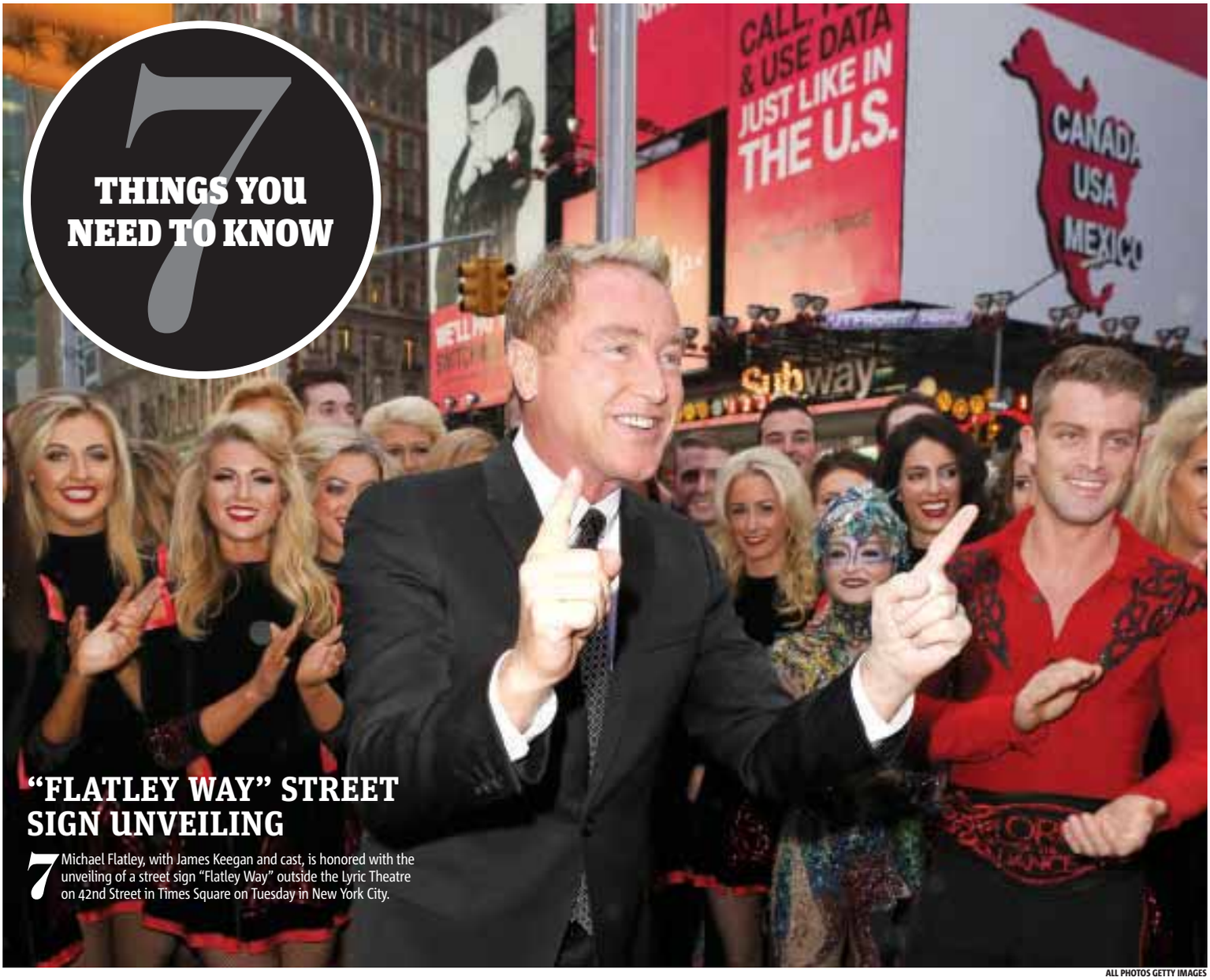
1 Prosecutors unveiled criminal charges accusing three men of running a sprawling array of hacking and fraud schemes, including a huge 2014 attack against JPMorgan Chase & Co., that generated hundreds of millions of dollars of illegal profit. Gery Shalon, Joshua Samuel Aaron and Ziv Orenstein were charged in a 23-count indictment over alleged crimes. REUTERS

DEFENSE BILL PASSED

2 The Senate overwhelmingly passed a sweeping defense policy bill that contains provisions that could make it more difficult for President Obama to close the controversial detention center at Guantanamo Bay. The vote was 91-3 in favor of the measure, which authorizes more than $600 billion in defense spending and includes $5 billion in cuts not in an earlier version of the bill. Congressional aides said they expect Obama will sign the revised bill, even with the Guantanamo restrictions, even though he vetoed the previous version. REUTERS

43 CHIPOTLES TO REOPEN

3 Chipotle said it would reopen all 43 restaurants in Seattle and Portland after health officials found no evidence of E. coli bacteria at those outlets. The company had closed the restaurants on Oct. 31 after health officials linked 11 Chipotle outlets to some cases of food poisoning caused by the bacteria. REUTERS



"FLATLEY WAY" STREET SIGN UNVEILING

7 Michael Flatley, with James Keegan and cast, is honored with the unveiling of a street sign "Flatley Way" outside the Lyric Theatre on 42nd Street in Times Square on Tuesday in New York City.

ALL PHOTOS GETTY IMAGES

CARTER TREATMENT

4 Former President Jimmy Carter is responding well to cancer treatment and there is no evidence of new malignancy, CNN reported on Tuesday, citing the Carter Center. Carter, 91, started treatment in August after he said he had undergone surgery for liver cancer and that the cancer had spread to his brain. REUTERS

BEER MERGER BREWING

5 Molson Coors Brewing is nearing a deal to buy the rest of its U.S. joint venture with SABMiller, as well as the rights to Miller brands internationally, for $12 billion, according to a person familiar with the matter. The person said the deal would be contingent on the closing of a proposed merger between Anheuser-Busch InBev and SABMiller that would create a company making almost a third of the world's beer. To win over regulators, the combination would almost certainly have to divest assets in the United States and other markets. REUTERS

CAMPUS RACE PROTESTS

6 Students are holding events designed to bring attention to racial issues on a handful of U.S. college campuses this week, spurred by the impact of protests at the University of Missouri, which culminated in the resignation of the school's president and chancellor Monday. REUTERS

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Bobo Touch video aims at subway pervs

Stills from the video

"Subway Creeps" lets us know how to deal with nasty men on the subway.

Brooklyn natives Brian Bonz and Mike Rizzo of the comedy duo Bobo Touch have a message for men who exhibit lewd behavior on the subway: Don't do it.

In their latest video, "Subway Creeps," they call out all the perverts riding the subway in this hilarious New York City public service announcement. The YouTube video highlights several types of New York City subway perverts: the guy who follows women and stares at their butts, the public masturbator and the subway groper.

While their latest release is a humorous song made to expose perverted men riding the subway, the message is very serious and they encourage victims to try to snap a photo of the suspected individual and to contact someone immediately. The comedic duo is no stranger when it comes to making videos about subway behavior. In February they created "Let People Off Before You Get On" — a song that shows us proper etiquette on a crowded train.

In case you missed it, you can check it out at Metro.us. LENYON WHITAKER

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Nine companies shorted heating oil customers: DA Vance

Manhattan District Attorney Cy Vance said Tuesday his office has indicted nine companies and 44 people for allegedly shorting heating oil deliveries to residential, commercial and municipal buildings.

Of the 44 people indicted on numerous charges, including fraud, 29 of them are truck drivers who allegedly stole, resold or purchased heating oil, according to the DA's office.

A long-term joint investigation found that from September 2006 through this October, companies were delivering less oil than their customers ordered but charging them full price. Some of the companies gave dispatchers cash to tell drivers to "easy target" locations, according to the DA's office, and purchased and sold the oil below market rate.

Cy Vance GETTY IMAGES

The companies are F&S Distribution, G&D Petroleum Transportation, G&D Heating Oil, Casanova Fuel Oil, Express Petroleum, 4th Avenue Transport, All-Boro Transportation, Enterprise Transportation and Century Star Fuel Corp. WENDY JOAN BIDDLECOMBE

BRIEF

Police name 'person of interest' in McDonald's shooting

Authorities identified a person of interest in connection to the early morning shooting that killed one man and sent two others to the hospital on Nov. 9.

Investigators named Vincent Arcona, 27, as a person of interest on Tuesday, describing him as blue-eyed, 6-feet and weighing 300 pounds.

The Long Island man was last seen with a hooded sweater walking up to the group of three men at the fast-food restaurant on Eighth Avenue at 34th Street around 6 a.m.

The two groups got into a fight that Chief of Detectives Robert Boyce told reporters earlier was possibly related to drugs before they broke off.

Arcona and an unidentified second man allegedly waited outside the 34th Street train station as the three victims walked into the station.

Police were unable to say what role Arcona might have had in the shooting.

Paramedics pronounced Angel Quinones, 43, dead at the scene from a gunshot wound to his neck.

The two men with Quinones — William Lamboy, 45, and Eddie Torres, 48 — were rushed to Bellevue Hospital Center. Lamboy was shot in his neck and stomach, while Torres was shot in his his leg. METRO

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Part B Deductible	$147	None	None
PCP Copay	20%	$0	$15
Specialist Copay	20%	$15	$40
Outpatient Surgery in a Hospital	20%	$300	$300
Outpatient Surgery in an Ambulatory Surgical Center	20%	$300	$300
Lab Tests	$0 or 20%	20%	20%
X-rays	20%	$10	$10
Preventive Services	$0	$0	$0
MRIs, CT Scans, PET Scans	20%	20%	20%
Inpatient Copay	$1,216	$300 per day for days 1-5, per admission	$300 per day for days 1-5, per admission
Part D Prescription Drug Coverage	No	Yes, with $0 copay for preferred generics $250 deductible	Yes, with $0 copay for preferred generics
Preventive Dental	None	Yes	Yes

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Date: Wednesday, November 18, 11:00am – 1:00pm.

Presenters: *NYU Langone:* Derek Mason, MD; Harvey Pass, MD; Abraham Chachoua, MD; Janine Martino, OSW-C.
Lung Cancer Alliance: Chris Davis; Gabby Geier.

Location: NYU Langone Medical Center.
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FILM SCREENING: "SOMEONE YOU LOVE: THE HPV EPIDEMIC."

Narrated by Vanessa Williams, this documentary looks at the lives of five women affected by human papillomavirus (HPV), the widely misunderstood and controversial virus that causes several types of cancer, including cervical cancer. Each of these women has an intimate story to tell. After the screening, join us for a panel discussion on the HPV epidemic with NYU Langone experts.

Date: Thursday, November 19, 12:00pm – 2:00pm.
Lunch will be provided after the program.

Presenters: Stefan Balan, MD; Bhavana Pothuri, MD.

Location: Woodhull Medical Center.
760 Broadway, Brooklyn, NY. 3rd Floor. Auditorium.

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These lectures are free and open to the public, but you must RSVP. View past lectures at youtube.com/nyulmc.

NYU Langone MEDICAL CENTER

MADE FOR NEW YORK.

Older New Yorkers avoid idle hands

Faustine Badrichani, left, and Margaux Rousseau, right, of WOOLN with Charmaine Jones a knitter for WOOLN. BESS ADLER

A startup selling handmade goods gives senior residents flexible incomes.

CHESTER SORIA
@chestersoria
chester.soria@metro.us

Charmaine Jones won't say how old she is. She's lived in Harlem since 1982 and has met her share of success with an early modeling career and eventually her own small bakery empire as the self-styled "Cake Diva."

But business began to slow down in the early 2000s, and Jones said she wouldn't be able to carry her cakes without hurting her back and knees. That's when Jones decided to pick up some yarn and knitting needles instead.

Today, Jones is one of 12 women — and one man — who are stitching for WOOLN, a recently launched startup selling hand-knit goods they market as made by "New York grandmothers."

"I'm not a mother or a grandmother. I am another kind of mother," Jones said with a laugh.

Nationally, the Bureau of Labor Statistics estimates that 25 percent of the United States' workforce will be age 55 or older by 2020, with more and more older Americans electing to keep working.

Christopher Widelo, associate state director for AARP in New York, said it's a trend he's begun to notice himself, especially across the boroughs.

"It's an exceedingly expensive place," Widelo said. "With all the costs that go with being a New York City resident, we're going to see more older workers staying in the workforce just out of necessity."

The kind of work older residents can find matters, Widely added. He explained that every older worker decides to rejoin the workforce for different reasons, ranging from financial need to boredom.

"A lot of times they retired simply because they have a retirement plan, but many would keep working if they had the flexibility," Widelo said.

> *"We're going to see more older workers staying in the workforce just out of necessity."* Jones

For Charmaine Jones, WOOLN gives her that flexibility. She told Metro she found the company while passing the time on looking on Craigslist listings.

"As part of our knitting crew, you can choose how many items and which items you want to knit," the listing said. "It can be one snood a month or four hats per week depending on the time you want to dedicate to knitting, your knitting speed, your time."

Each knit item can bring anywhere between $10 to $30 each, depending on its size. Knitters drop off their work with WOOLN founders Margaux Clermontel and Faustine Badrichani and get paid on the spot.

Clermontel, 32, and Badrichani, 31, also provide the yarn — purchased from socially responsible vendors — to their group of eager knitters, who range in age between 55 and 96 with a handful or retirees. Some of them can pull in as much as $600 in commissions a month, others closer to $200.

In one week, Jones knits 13 hats, which can be sold for as much as $85 each. Badrichani said Jones is by far their quickest knitter, though they keep adding more. They started with a handful of elder New Yorkers by visiting 60 senior centers across Brooklyn and Manhattan over the spring.

"It took forever," Clermontel said. "We were very enthusiastic about it but had no one for a long time. Until friends started talking to friends about it."

Both she and Badrichani, who only met in February before launching their project, noted the cultural difference in how seniors are treated in New York City today compared to their European upbringing.

"We got to see there are a lot of seniors in New York, and look at what the city does for them," Badrichani said. "Being young is better than being old here, where in Europe there's a lot of value for experience."

Jones agreed.

"As time goes on, especially in New York — it can feel like a city made for young people," she said. "This work helps me feel appreciated."

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Fast-food workers strike in Harlem Tuesday morning. HANNAH MATTIX

Fight for 15, Black Lives Matter rally

Activists call for a $15 minimum wage in the city and union rights.

WENDY JOAN BIDDLECOMBE
Wendy.Biddlecombe@metro.us

With rain falling, about 100 members of the Fight for 15 and Black Lives Matter movement merged in a Harlem rally, calling on Gov. Andrew Cuomo to raise the minimum wage sooner than promised, and extend the benefits to other low-wage workers.

Fast-food workers, who have been rallying in New York City for three years, rejoiced in July when a wage board convened by Cuomo recommended a phase increase for workers in New York City and across the state. The state labor commissioner later approved the raise.

Fast-food workers at companies with more than 30 national locations will start getting phased raises starting this December, and receive $15 an hour by 2018 in New York City, and by 2021 in the rest of the state.

"This is an everything movement. When you go to work, you know you have to come out and worry about if we're going to get killed by the cops, or getting deported," said Jorel Ware, a McDonald's worker and prominent Fight for 15 activist who emceed the rally. "We've all got to come to solidarity with one another and take care of everybody's issues."

Eric Garner's mother, Gwen Carr, spoke at the rally, and told Metro this is the first time she's been to a fast-food workers protest. "I'm very hopeful for them," Carr said. "We all deserve a break, to eat and sleep and not only exist."

"It all fits together, because economic injustice is racial injustice," said Kelvin Rojas, 23, who is a member of the Black Youth Project 100.

The protesters, who continue to fight for a fast-food union and a quicker $15 raise, shut down traffic on 125th Street for a few minutes.

"I don't blame them," said Maria Sanchez, who waited to catch the M101 bus, idling in sight behind police tape. "You gotta do what you gotta do."

"You gotta do what you gotta do."
Sanchez

There was an early morning fast-food rally in Brooklyn, which Mayor Bill de Blasio attended, and an evening action in Foley Square that Cuomo attended.

"We want to make sure the voices of the struggled are amplified," said Luba Cortes, a youth organizer with Make the Road New York.

Cuomo's office announced Tuesday about 10,000 state workers would be getting their pay bumped up to $15 over the next six years.

City Comptroller Scott Stringer said in a statement on Tuesday afternoon the city should raise the minimum wage for city workers to "provide a pathway to the middle class" and boost the economy.

"It's the right thing to do, and now is the time to do it," Stringer said.

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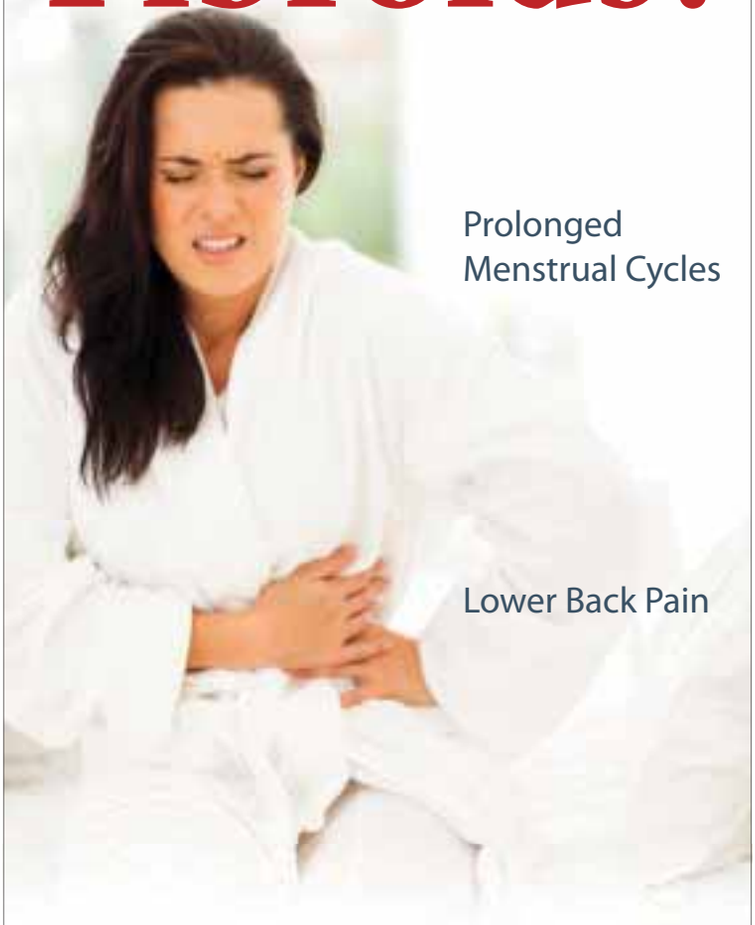

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Veteran swimming Mississippi River to honor fallen comrades

Averaging 6.5 hours in the water and 14 miles a day, Chris Ring aims to reach the Mississippi River where it meets the Gulf of Mexico in early December.

Navy combat veteran Chris Ring says some people call him crazy for attempting to become the first American to swim the length of the Mississippi River.

But the 28-year-old Navy SEAL, who served in Iraq and Afghanistan, says the extreme endeavor is worthwhile if it helps keep alive the memories of the country's fallen service members and the sacrifices of their families.

"We all have what we have today because of these families and their loved ones," Ring said last week after finishing a day's swim just south of Vicksburg, Mississippi.

> *"To him, that sacrifice is nothing compared to what these families have gone through."*
> Smith

Ring said he pitched the idea of the swim to the Legacies Alive nonprofit organization after learning many Americans were unaware of what it meant to be a Gold Star family, the designation given to those whose loved ones were killed in combat.

He began the journey, which Legacies Alive said will cover 2,552 miles, at Lake Itasca in Minnesota on June 6, the anniversary of D-Day.

Ring has visited along the way with hundreds of people who lost family members to war and has encouraged them to sign the kayaks used by the team accompanying him.

At a recent stop, Jenny Smith of Brandon, Mississippi, added the name of her son, Marine Staff Sgt. Jason Rogers, to a boat. Rogers, 28, was killed by an impro-

The Mississippi River GETTY IMAGES

vised explosive device in Afghanistan in 2011.

Smith said she was encouraged by Ring's effort, noting she fears that families like hers will be forgotten.

"To be a part of a Gold Star family is something you don't ever want to be a part of, but you're so proud, too, because you're part of a group of people who understand and support you," Smith said. REUTERS

BRIEF

Man chains self atop slide in bid to save New Hampshire water park

The founder of an indebted New Hampshire water park has chained himself to the top of a 30-foot-high slide in a last ditch effort to keep his property from being sold at auction.

The man, Kevin Dumont, said Tuesday we would remain atop the slide at Liquid Planet Water Park 24 hours a day until he found investors to back the venture, which is $1.5 million in debt.

"I'm trying find a way to let them know this is a great family-run business," Dumont said in a phone interview as winds buffeted the tarp enclosure he had set up on the slide's platform. "I'm a veteran. My family and I are just trying to save my company."

A bank auction for the 44-acre site, which includes Dumont's home, is scheduled for Dec. 2. The bank foreclosed on the property after Dumont fell behind on loan payments.

The eight-year-old park is located in Candia, about 10 miles northeast of Manchester, New Hampshire's largest city. REUTERS

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Anger at burst dams in Brazil focuses on Vale, mining code

In five days of rescue efforts in towns ravaged by the massive mudflow, six bodies have been found and 22 people are still missing, making it one of the worst mining disasters in Brazil's history.

As despair turns to anger over a deadly dam burst at a Brazilian mine, lawmakers pushed Tuesday for tougher regulations in a new mining code, and iron ore giant Vale SA came under pressure to help mourning families and contain the environmental impact.

The tragedy in the mineral-rich southeastern state of Minas Gerais has displaced hundreds of residents, triggered investigations by prosecutors and spurred calls for stricter oversight of the mining industry, a huge provider of jobs and government tax receipts.

The chief sponsor of a new mining code in congress, Leonardo Quintão, told Reuters on Tuesday that he planned to add measures to tighten regulation of tailings dams like the two that collapsed Thursday.

Minas Gerais' governor, Fernando Pimentel, acknowledged state mining regulations are not enough and his aides said they may need to rethink their efforts to fast-track licensing.

Public criticism fell first on mine operator Samarco, but the spotlight has turned to the big names behind the 50-50 joint venture: Australia-based BHP Billiton Ltd., the world's largest mining company, and Brazilian partner Vale, the biggest iron ore miner.

"Samarco is just a name they made up. We need BHP and Vale to take responsibility for this tragedy," said Duarte Junior, mayor of the town of Mariana, who has coordinated relief efforts.

BHP's public response has been rapid but Vale, which accounted for more than 10 percent of Brazil's total exports in 2013, has so far appeared aloof.

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Partial view of mud-covered Paracatu de Baixo, buried by an avalanche of mud and mining sludge, in Minas Gerais, Brazil. GETTY IMAGES

BHP Chief Executive Andrew Mackenzie held a news conference in the hours following the disaster and the company announced he would travel to Brazil to survey the damage. It has also splashed almost daily updates on the tragedy in English and Portuguese across the top of its website.

By contrast, Vale released a five-sentence statement some 24 hours after the dams collapsed and referred questions to Samarco. Vale's chief executive, Murilo Ferreira, made an unannounced visit to Mariana on Saturday, which the company revealed two days later.

"After a disaster of this scale, it can't issue a laconic statement as if it weren't obliged to act immediately."

Leitao

Mariana's mayor has worked closely with Samarco, but he said Monday that no senior executives from Vale or BHP Billiton had contacted him.

Influential columnist Miriam Leitao excoriated the company Tuesday for its "absolutely insufficient" response.

"Vale has been drilling and dumping around Minas Gerais for 70 years," Leitao wrote in newspaper O Globo. REUTERS

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"Fraction Of An Inch" Success And Failure With Popular

Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer

Manhattan - In just a moment I'm going to tell you about a very "candid" and somewhat embarrassing moment I had with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

But before I tell you all that - let me ask you this: How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. **A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?**

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from ***real medical treatments.***

That's also why no ethical doctor would promise or guarantee ANY results... for ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: "cure for knee arthritis" or "eliminates all pain" or "works for everyone" you should run like heck.

But the fact of the matter is: If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

And even better - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplemtation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a "must read."

Here is why: When you have arthritis, one of the things that happens is the lubricating fluid in your joints deceases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating way at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically . Treatment with this special lubricating gel is called

Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City

Nothing Spreads The Word Like Caring Doctors and Results - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Norhtern New j Jersey ever since word got out of their advanced medical procedure for knee arthritis

Viscosupplementation.

This all sounds great - in theory. But there is a BIG problem with this treatment.

Allow Me To Explain...

While doing research on this treatment, I traveled to amedical clinic in New York City, This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplemtation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

"All Doctors Are Human And Sometimes They Mess Up"

I discovered that this treatment must be VERY PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space - or the treatment will be rendered useless.

Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.

The Difference Between Knee Arthritis Treatment?

Should Know... *That Might Be Keeping You In Pain*

Here's something incredible: I was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... ***but the imaging proved him wrong.***

I was amazed how only a ***fraction of an inch*** would make the difference **between** success and failure.

The best thing is: When the procedure was not perfect - because of the imaging - the doctor knew instantly and was able to make the slight change necessary and achieve the results they were looking for hitting the targeted painful knee joint.

"Double Confirmation" For Best Results

That's why the doctors at this clinic have taken it one giant step further to give their patients the best. They do not just use one form of confirmation during treatment - they use two in their **"double confirmation"** process. This is to ensure patients get the best possible results.

It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were not.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

Who Is This For?

This treatment is not for everyone - but if you qualify you may be able to relieve some or all of your pain. That's why OsteoRelief has a an innovation for you...

Your Invitation

OsteoRelief Centers offer a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Center. If you would like a complimentary screening, just call **800-227-KNEE (5633)** and tell the scheduling expert who answers the phone, "I would like a complimentary knee arthritis screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and there is no further obligation. The best thing about this screening for so many is being able to breathe a big sigh of relief because you finally have hope to relieve your pain and get your life back

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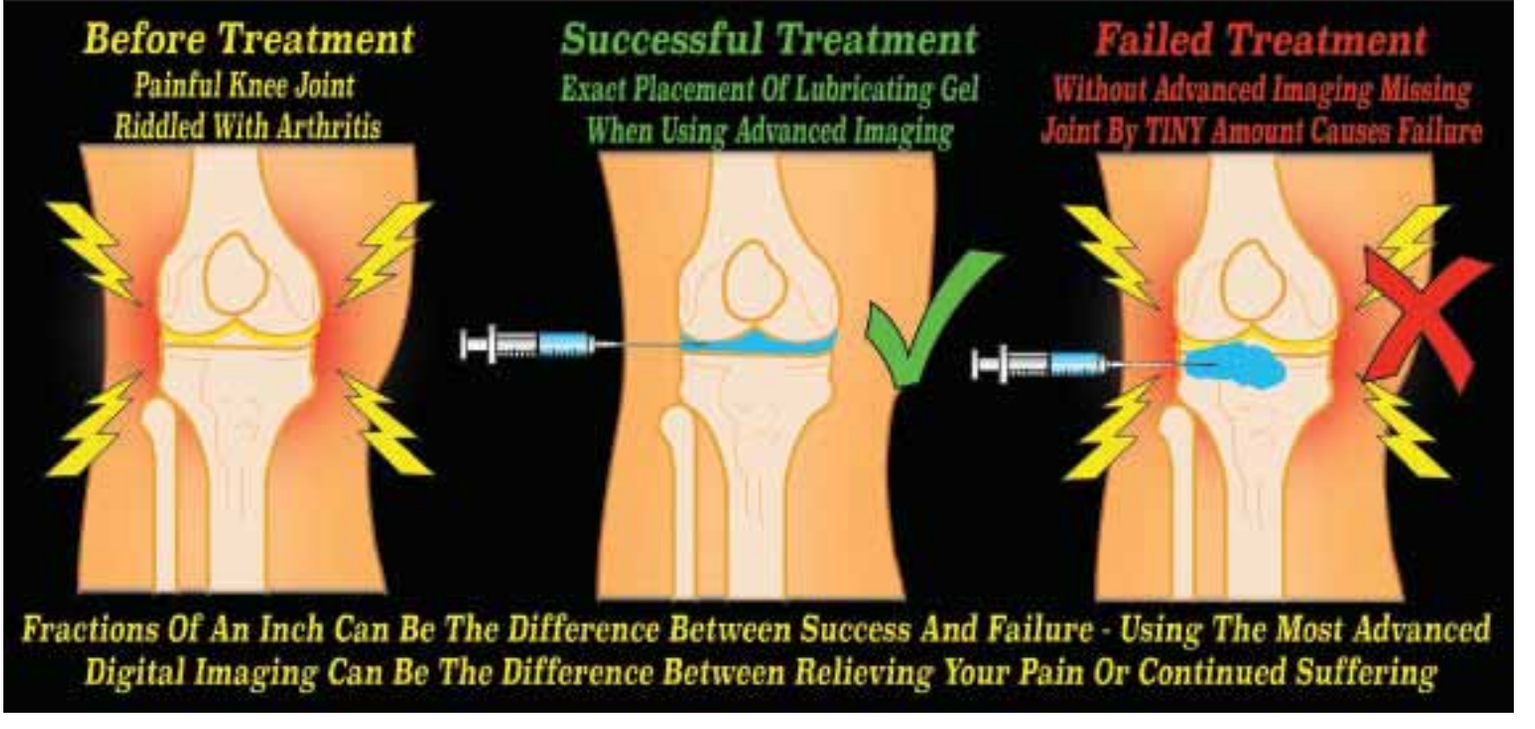
Why A Fraction Of An Inch Can Be The Difference: **Advanced imaging is used to "double confirm" placement of lubricating gel on the surface of the arthritic joint - giving the best possible chance to**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'Voice' bosses already fretting a Gwen and Blake breakup

ALL PHOTOS GETTY IMAGES

Workplace romances can be tricky, especially when that workplace is one of the top-rated shows on TV. Which is why the folks at "The Voice" want a contingency plan should the Gwen Stefani and Blake Shelton's new relationship go south, according to Radar Online. "The studio bosses sat them down last week after they confirmed that they were dating to discuss the whole situation and what would happen in the event that they broke up. The execs even discussed adding a breakup clause to their contracts," a source says. "Gwen and Blake assured them that if it does not work out, they will break up on amicable terms because neither of them wants to jeopardize the show."

Oh, and also: "Gwen and Blake have been encouraged to play up their flirtation for the cameras during the show tapings." Because of course they have. Actually, you know what? Plans for how to deal with a potential breakup, instructions to play it up for the cameras? This all has my show-biz romance conspiracy nut brain going into overdrive. Is this whole thing maybe just a "Voice"-coordinated ruse? Because that would be mean.

Glamour's Women of the Year Awards brings the wisdom

Glamour's Women of the Year featured honorees like Victoria Beckham, Misty Copeland and Caitlyn Jenner — plus a whole lot of inspiration:

1. Stick together. The recipients stressed the importance of being inspired by other women, not competing.

2. The times they are a-changing. When Copeland was little, she was told being black would hold her back from being a prima ballerina. "The standard of power is changing," Copeland said.

3. One person can make a difference. Six months ago, no one knew the name Caitlyn Jenner. Now, she is helping millions understand what it means to be trans.

4. Women's stories are important. Reese Witherspoon started her own production company when she realized no movie studio was making movies with female leads. Its first two films, "Gone Girl" and "Wild," proved how much audiences were missing. Now her company has 32 projects in the works that put women first. EMILY LAURENCE

@JohnStamos
Hold your breath.
Make a wish.
Count to three. #morning

@ChloeGMoretz
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@solangeknowles
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@EmmaBunton
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@AudraEqualityMc
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Scott Schuman: Life through a lens

The street style photographer is capturing the world's wardrobe away from planet Fashion in his new book, "The Sartorialist: X."

ELODIE NOEL
Metro World News
letters@metro.us

Scott Schuman's latest street style book, "The Sartorialist: X," is out now. GETTY IMAGES

It's been 10 years since Scott Schuman, better known to the world as "The Sartorialist," launched his eponymous fashion blog. The 47-year-old's latest tome candidly documents the clothing culture of people from places such as Bhutan and Bali to the four fashion capitals.

"That's always what I wanted my books to be, but when I started, I didn't have any money, and I could only go to places where Style.com or GQ would send me, and that was London, Paris or Milan," explains the New York-based snapper.

Now, making "a little more money," Schuman can jet himself around the globe to show fashion in all its diversity while still finding time for some of his favorite cities, like Milan, where we caught up with him.

How does your new book differ from your previous three tomes?

I think it's my best book so far. It's more diverse — there are photographs from Peru, Dubai, Bhutan, Bali, Mumbai, Varanasi, South Africa, Morocco, plus the traditional fashion capitals [New York, Paris, Milan and London]. … The thing I'm most proud of with this book is that you never know where you are going to be on the next page. The photographs are, hopefully, nice portraits of these people, and their clothes help create the idea of who these people might be.

Do you think street style has changed the face of fashion?

Yes. Before, I think fashion felt a little too elitist. … When we started shooting people in the street, whether they were wearing designer clothes or vintage or whatever, we saw a great variety of people: tall, short, fat, skinny, people with a lot of money, some with very little money — it just made it more realistic.

How has the street style world evolved since you started?

There were always people shooting street style, like Bill Cunningham, but he was focusing very much on New York and a little bit on Paris. I was the first to do it at an international level and on the Internet. When I started, there weren't many people doing that. Now there are a lot of people doing this; some do it better than others. I still like my pictures to be good portraits of the people, and the clothes help create the story of who that person might be.

What is your personal definition of style?

One of the most important elements of style is consistency. People who jump around from one thing to another tend to look a bit like a fashion victim because there is no underlying consistency in terms of the way they dress. The people I know who I think are very stylish always look like themselves.

Do you own a lot of clothes?

I like clothes, and I think right now we are at a fun moment where the silhouette is being redefined. It's a great time to start shopping again. We can start playing with these new proportions and these new colors. Maybe three or four years ago, it was less exciting to shop — you could do more with less because the look was so clear. Actually, shopping was starting to get a little bit boring. Now the eye is starting to shift, and we have more reasons to buy some new clothes.

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Bill Burr: 'Fear is great for comedy'

The comedian tells us about his upcoming Netflix show, "F Is for Family."

RACHEL VIGODA
@rachelvigoda
rachel.vigoda@metro.us

Bill Burr performs at Madison Square Garden on Saturday. KOURY ANGELO

If you don't follow comedians, you may think you don't know Bill Burr — until you realize you've seen him in "Breaking Bad" as Saul Goodman's henchman Patrick Kuby, along with movies like "Walk of Shame" and "The Heat." And you're about to hear his voice even more, when his animated "F Is for Family" debuts on Netflix next month.

As far as stand-up goes, the veteran comic has left intimate clubs behind for stadium shows. We spoke with Burr ahead of his Saturday stop at Madison Square Garden about making audiences laugh in Mumbai, and working with Laura Dern on "F is For Family."

Earlier this year you toured in Singapore, Hong Kong, India. How is performing there compared to audiences at home?

It's amazing to be on the other side of the world and there are people who know about you as a comedian. And to be doing shows in countries where the government chains people and puts people to death and they start saying, "Don't talk about this, don't talk about that." I thought, "I'm going to get the s— kicked out of me."

Did you edit anything out of your act?

I was going to. But in Singapore, the opening act just went off. He talked about religion, race, everything. It really put me at ease.

What are you going to be talking about in your Philly show?

Um … oceans being fished out. Talking gorillas. Sinking ships. [Laughs]

You often come back to environmental issues. Is that something you're passionate about?

I watch a lot of nature shows. I did a tour of California and I saw the drought all over the state. I went deep-sea fishing at this place I've been going to for years, and there's alarmingly less fish there. I'll be honest with you, I don't pay that much attention to it because it's frightening. But fear is great for comedy. I do think we need less people — we should be having smaller families and let the fish come back so we have something to eat. [Laughs] But what do I know, I'm not a well-informed guy.

What can we expect from "F Is for Family"?

It takes place in 1973. It's about a guy who found the love of his life, but he knocked her up before he was ready to get married. He wanted to be a pilot but now he works at the airport and every day he sees his dream flying over him. It's a period in history where you could physically discipline your kids in public, smoke with the car windows up, bring a gun to the airport.

What's it been like working on it with Laura Dern?

She's unreal. She has the entire range of skills as a performer. She's just totally open — she's not in her own way, she can just really go for it. It's been quite a thrill working with such talented people. Sam Rockwell, Justin Long, Gary Cole, Mo Collins, Kevin Farley — all of these guys, I get to go into the booth with them, and you just get better as a performer being around them.

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Yes, boys will buy girl 'Star Wars' toys

Daisy Ridley's Rey (with BB-8) is not included in the "Star Wars" toy set. LUCASFILM

Geek Girl in Hollywood

JENNA BUSCH
legionofleia.com

A couple of weeks ago, I did a little informal poll. I was a guest at Stan Lee's Comikaze Expo, where I had a table and a bunch of panels, including one about feminism. While I was there, I asked kids whether or not they'd buy action figures of the opposite gender. Of course, the girls said yes across the board. What didn't surprise me, but may surprise you and a number of major toy companies, is that the boys said yes as well. Not a single one said they wouldn't buy a set if there were female characters in there. Not. A. Single. One.

Now I recognize that this was me asking kids at a con and is hardly scientific, but ever since the #WheresGamora controversy (leaving Gamora off most of the "Guardians of the Galaxy" merchandise) and #WheresNatasha, where they replaced Black Widow in toy versions of her own scene, I've been asking around. So when I went into Target this weekend and saw a set of exclusive figures from "Star Wars: The Force Awakens" without Rey or Captain Phasma, I let out an audible groan.

In the set was Finn, Kylo Ren, Chewbacca, Poe Dameron, a First Order Stormtrooper and a First Order pilot. It's the same sort of set that Target had for the "Avengers" in which they replaced Black Widow with Ultron. Now look, I know there are Rey and Phasma toys out there. I'm thrilled with that fact. I've bought them all. However, this set shows that they still think boys won't buy anything with female characters. I posted a story about this on social media and was told I was complaining too much. And yet, when I go into Target, I still have to buy most of my geek gear in the men's section. I still hear from women (and men) about how they can't find toys and shirts for their geek daughters. I still hear that "Star Wars" is for boys.

Look, non-gendered toy aisles are wonderful, but it appears that it's not changing the way toy companies think. Action heroes come in both genders and action figures should, too.

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These popular bars don't need to offer specials, but they do

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Monica DiNatale is a bargains expert, food host and author of "365 Guide New York City," a treasure trove of restaurant deals and bar specials in NYC, available in paperback and e-book.

The Hill is known for its shot ski (the fourth shot is free!) FACEBOOK

If you're looking for a new pub to explore this weekend, give these places a try. They all offer delightful grub and savings to make the night even sweeter.

The Hill

416 Third Ave.
Midtown East

Daily from 5-9 p.m., The Hill serves $4-$5 drafts and $6 well drinks and martinis. Every night of the week, they offer additional specials like 50-cent wings on Mondays and all-night happy hours on Tuesdays, Wednesdays and Fridays. On Saturdays and Sundays, as well as during all NFL games, pitchers are $15 and Jameson and Fireball shots are $7 until 10 p.m. They also serve a $30 bottomless brunch on weekends. Upscale and spacious, this is a great choice for large groups.

Murphy's Tavern

6 Stone St.
Financial District

Every day from 4-8 p.m. all draft beers, wine, sangria and well drinks are $5. Murphy's likes to help you save with rotating deals throughout the week, like $2 sliders made with your choice of beef, turkey, chicken, steak or pulled pork) on Thursdays and Fridays from 4 p.m.-midnight and 60-cent wings all day Wednesdays. The wings are generously sized and come in a variety of flavors; I like the lemon pepper and rosemary garlic.

The Slaughtered Lamb

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If you're into a year-round gothic vibe, you'll love the Lamb, which remains dark, inviting and delicious 365 days a year. From 11 a.m.-7 p.m. Monday through Friday take advantage of two-for-one well drinks, $4 beers and an $8 burger and beer special. The Slaughtered Lamb's burger is topped with sautéed onions, mushrooms, smoked bacon and fresh mozzarella, so get on it. The beer list includes over 50 choices with a nice selection from England, Ireland and Scotland.

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Aries Let go of old, ideas, items or situations that stand in your way. Start anew and pick the direction that will bring you the greatest satisfaction.

Taurus Do what you can to help an older friend or relative. Someone you want to get to know better will notice your kindness.

Gemini Focus on one thing at a time. Taking on too much will not accomplish what you hope. Focus on detail, precision and getting things done.

Cancer Discuss what's is bothering you openly in order to resolve matters quickly. A chance to do something unusual should be taken advantage of.

Leo See if you can turn what you have to offer into a moneymaking venture. Short trips will encourage you to do things differently.

Virgo Stop dreaming and start producing, or someone else will steal your ideas. Don't miss an opportunity just because you are afraid to make a move.

Libra Recognize your skills and attributes, and look for a suitable position that will fully engage them. A different approach will result in greater interest.

Scorpio Pace yourself. Express your ideas and present what you have to offer. Improve your personal life by adding a little romance.

Sagittarius Raise your self-esteem by learning all there is to know about something. A career change will help avert negativity and criticism.

Capricorn Call the shots instead of letting someone else take charge. You'll gain respect and recognition if you offer suggestions and hands-on help.

Aquarius Abide by the rules and regulations. You may relish change, but first you have to make a solid platform to build on.

Pisces You'll attract a lot of attention no matter what you do. Participate in events if you want something good to develop. EUGENIA LAST

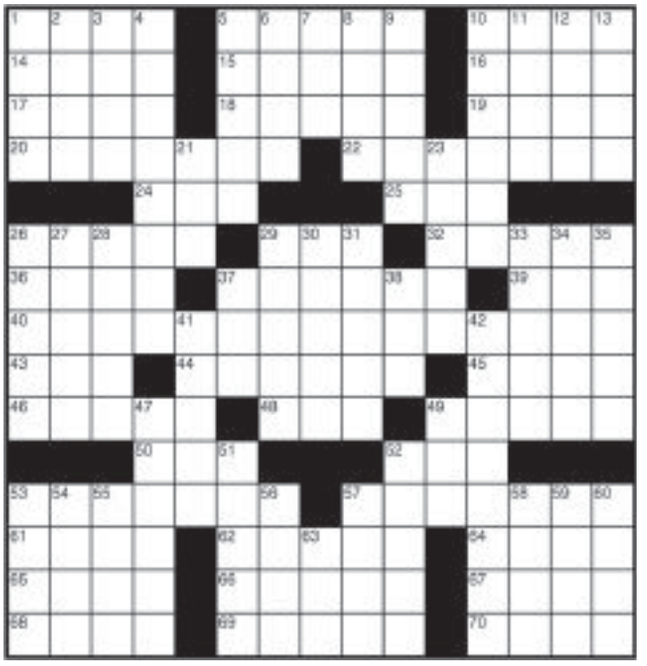
metro.us/crossword

Across

1 Pine for
5 Skater – Henie
10 Quick letter
14 Drama award
15 Rapunzel's home
16 Omnia vincit —
17 Arial or Helvetica
18 Cast a vote
19 Lobby furnishing
20 Seesaws
22 Toast does it (2 wds.)
24 German physicist
25 Narrow inlet
26 "L'Etranger" author
29 Part of a grp.
32 — Khan
36 Open-mouthed
37 Reporter's credit
39 Battery size
40 How to listen for a mouse? (3 wds.)
43 Yale athlete
44 Cultural
45 Allot
46 Postpone
48 KLM rival
49 Stuck around
50 Capone foe
52 Aurora, to Socrates
53 Remote
57 Wood cutters
61 Calcutta nanny
62 Fixed the squeak
64 Helm position
65 Currycomb target
66 Wed
67 Cameo, maybe
68 Amtrak driver
69 Mary — Moore
70 Dog plaint

Down

1 Artist's pad?
2 Woodwind
3 Three squared
4 Crack down (2 wds.)
5 Hail bringer
6 Klutz's mutter
7 RCMP patrol zone
8 Off-road vehicle
9 Warmth of feeling
10 Bahamas' capital
11 Melville title
12 Soy product
13 Q.E.D. part
21 Grunts of surprise
23 Cheapskate
26 Quoth, like a raven
27 Loose-limbed
28 Theme
29 Legendary tales
30 Ms. Verdugo
31 Calf-length skirts
33 Bleated
34 Coffee and steamed milk
35 Showed delight
37 Night flyer
38 "SNL" network
41 Catcher Yogi —
42 Courier
47 This or that
49 Quagmire
51 Aardvark feature
52 Fluffy quilt
53 Slangy lady
54 Somalian supermodel
55 Joined the chorus
56 Like microbes
57 Leap in a tutu
58 Shampoo additive
59 In fine fettle
60 Ooze
63 "Diamond —"



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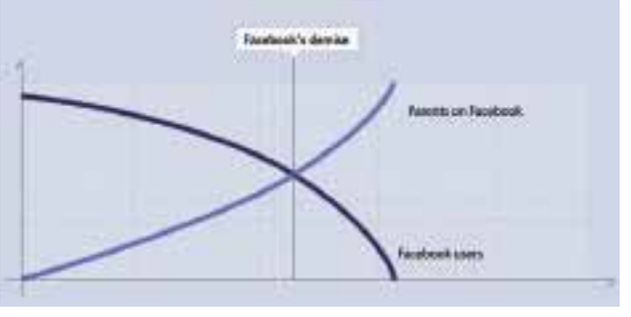

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easy

7	6		9					
			2	5			4	
	3		4		8	6		
4						5		8
	8		3	4	5		9	
1		9						4
		6	7		3		2	
	1			9	2			
					4		7	5

hard

		6		1	5			2
4							5	
	3			8	2	9	1	
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		3	8	5				
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	7							9
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Expert advice for making your friends and family feel right at home (or even better).

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There's nothing easy, per se, about hosting Thanksgiving dinner. There are bathrooms to scrub, schedules to work around, gluten intolerances to indulge. But here's the thing: You make dinner all year, and you know how this works by now. Put out a cheesy appetizer and don't skimp on the booze, and things will be perfectly fine, Pinterest tablescape or no Pinterest tablescape. Promise.

Overnight guests, however, can be a little trickier. After all, when was the last time your guest room was used for actual guests? (Racks of shoes don't count.) For that, we called in Karin Sun, co-founder of online home goods company Crane & Canopy, for a little expert advice.

Go big on the bed

You know how great it is to get into a posh hotel bed after a long day of traveling? Treat your guests to the same experience. "Start with luxurious sheets, layer on a duvet cover with a cozy and fluffy comforter and then add a quilt or coverlet at the foot of the bed," says Sun. "Quilts are a new obsession of mine. They are perfect in case your guests get chilly and need that extra layer."

A layered bed with lots of pillows and an extra quilt can take care of all your guests' sleeping needs.

As for the pillows, more is more. "Use a mix of Euro, standard and small designer throw pillows," she says. "I also like to give guests a few different sleeping pillow options since waking up with a kink in one's neck is never fun."

Stay one step ahead

Your guests can't call down to the front desk, so Sun recommends leaving a note with some essential info and personalizing shoutouts. "Include things like the login to your wireless Internet, directions to a tricky remote, the location of the hair dryer or iron," she says. "Or, if you know they have a sweet tooth, directions to your favorite local pastry or coffee shop."

As for toothpaste, assume they forgot to pack it along with some other necessities. "One of my favorite things to do is to provide a 'help yourself' basket," she says. "Leave basic toiletries, a flashlight, hair dryer, desk supplies and their favorite snacks."

Put out some products.

They will so appreciate a little drawer space.

Give them a little space

If your guests are staying the entire weekend, don't make them spend it digging through their suitcases. "Clear out a drawer, make space in the closet and leave empty hangers for them to put away their clothes and belongings," says Sun. "If space permits, set up a comfortable chair and create a personal library of newspapers, recent magazines and popular books. This gives your guests a place to relax and get away from the holiday stress."

No guest room? No problem. Even if you're working with a "guest nook," you can still make your friends and family comfortable.

- **Invest in a good air mattress** Because, really, no couch is comfortable past 1 a.m. "Plan in advance where to move furniture in order to create space for the mattress," reminds Sun.
- **Banish the clutter** "Less is better!" says Sun. "Make your guests' space as decluttered as possible so that they have room to spread out."
- **Improvise privacy** "Set up a room divider for your guests, especially when they are staying in the common area," advises Sun.

The Bronx was once home to 60 piano factories. PROVIDED

The name game

Can developers rebrand the Bronx?

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.
THE REAL DEAL

With real estate heating up in the Bronx, it's no surprise that some developers have started playing the name game.

New developments or renewed interest in a particular area tends to open the acronym floodgates in New York City: Neighborhood names are shortened to sing-song geography lessons or completely re-created. The phenomenon is one that has played out time and time again, giving rise to a litany of Frankenstein portmanteaus: ProCro (a merging of Prospect Heights and Crown Heights), NoMa (North of Manhattan), GoCaGa (Gowanus and Carroll Gardens) and SoHa (South of Harlem), just to name a few.

The latest attempt in the Bronx is a hat-tip to the borough's piano-making history. Developer Keith Rubenstein has offered up "The Piano District" for a section of Mott Haven which, according to the city's Landmarks Preservation Commission, was home to as many as 60 piano factories in the early 19th century.

Rubenstein's Somerset Properties and the Chetrit Group plan to build up to six 25-story apartment towers on Third and Lincoln avenues. The developers recently commissioned a giant billboard ad under the Third Avenue Bridge that reintroduces the South Bronx as the Piano District and offers up "luxury waterfront living, world-class dining, fashion, art and architecture" as coming attractions in the neighborhood. Rubenstein said he's not seeking to replace the neighborhood's current name, he just wants to supplement it by designating a section bounded by Willis Avenue to Third Avenue and the East River to 138th Street under a different pseudonym.

"I think it's going to catch on because it's descriptive, it's short and it kind of is something that was already there and lends itself to the future," Rubenstein said. "I'm not just calling it a made-up name for no reason whatsoever."

Halstead Property brokers Shebrelle Hunter-Green and Adrian Thompkins, who largely focus on the Bronx, said that nicknames can help foster a sense of community. "I think once a neighborhood is named, the neighborhood starts to conform to this idea," Thompkins said.

But when asked about "SoBro," a nickname for the South Bronx that's emerged over the last decade or so, both drew the line. Clients, they said, haven't yet reached the point where SoBro rolls off the tongue. KATHRYN BRENZEL

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'Scrubs' star Donald Faison sells Harlem townhouse

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.
THE REAL DEAL

When it comes to selling his homes, Donald Faison is neither clueless nor a scrub. The actor sold his four-story townhouse at 206 W. 137th Street in West Harlem to an undisclosed buyer, banking $1.7 million, according to property records.

Faison, famous for his roles as Murray in "Clueless" and as Chris Turk in "Scrubs," bought the six-bedroom, 4,200-square-foot house in 2010 for $1.4 million. Jeffrey Berger of Isen & Company listed the building. The actor sold his home in the Hollywood Hills in May for $1.8 million, according to the Los Angeles Times. ARIEL STULBERG

Where are you moving to next, Donald Faison? GETTY IMAGES

NFL power rankings | by Luke Miller

No. 1

Patriots (8-0)

The bad news is Dion Lewis is out for the season. The good news is the Patriots have no shortage of weapons as LeGarrette Blount and Brandon LaFell both put up 100 yard days in Week 9. As long as No. 12 is back there, the Patriots will be fine.

No. 2

Bengals (8-0)

The best start to a Bengals season ever keeps on rolling. A year ago Andy Dalton finished a 24-3 loss in Cleveland against the Browns with a 2.0 quarterback rating. Thursday night he threw three touchdowns, no interceptions, and had a rating of 139.8, a season high.

No. 3

Panthers (8-0)

Carolina's victory at home over Green Bay was a big step toward ensuring any possible rematch would also be played at home. After Sunday's win the undefeated Panthers sit two games clear of any other NFC team in the race for home field advantage.

No. 4

Broncos (7-1)

It would have been nice to do it in Indianapolis, but Peyton Manning will have to wait at least another week to break Brett Favre's career win and passing yards records. The Broncos' first loss shouldn't be too worrying, although the run game fell back into its early season woes.

No. 5

Cardinals (6-2)

The Cardinals got to pick up a half game in their division without even playing, as the Rams lost to Minnesota. Now a victory next week will let them gain a full one on Seattle and stay within striking distance of the Panthers in the race for the best record in the NFC.

No. 6

Vikings (6-2)

The Vikings are 3-0 in the division and, suddenly, after two Green Bay losses, tied for first place. Teddy Bridgewater passed the first test in concussion protocols, his availability will be huge for Minnesota as it tries to extend its stay at the top. Two huge games against the Packers loom ahead.

No. 7

Packers (6-2)

Outside of a furious fourth quarter comeback, this week marked two straight unimpressive games for the Packers. They still can't run the ball, and they just let a horde of Carolina receivers make big plays. Facing the Lions next week should help right the ship.

No. 8

Steelers (5-4)

Ben Roethlisberger was injured Sunday and will miss 1-2 weeks. But the Steelers put themselves in a good position to survive this Roethlisberger draught as they did their last one, going 2-2. The victory over the Raiders, another team vying for the Wild Card, puts them in the playoffs at the moment.

No. 9

Raiders (4-4)

They lost, but the Raiders are answering the big questions each week. They're going toe-to-toe with their competition in the mid-pack of the AFC, beating the Jets last week and taking the Steelers to the wire. Derek Carr led a game-tying drive in the fourth quarter with just over a minute left.

No. 11

Jets (5-3)

Ryan Fitzpatrick appears able to effectively helm the ship while dealing with his hand injury, so that's a plus. Chris Ivory turned in another dismal day on the ground (26 yards on 23 carries) but Jacksonville is allowing only 3.2 yards per carry this season.

No. 19

Giants (5-4)

One week removed from allowing seven touchdown passes against the Saints, the Giants defense came up big and allowed zero from Jameis Winston. Several important stops, some after Giants turnovers led to short fields, left the Buccaneers with five field goal attempts.

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Antti Raanta has been everything the Rangers would want in a backup netminder so far. GETTY IMAGES

Rangers looking brilliant so far for landing Raanta

The Blueshirts again have a top-notch backup to King Henrik.

ROBERT CRISCOLA
@ItsGood2BeKing
sports@metro.us

The Rangers took a risk by shipping out established netminder Cam Talbot in the offseason and replacing him with Antti Raanta, but so far the Rangers look very smart for doing so.

Raanta, who in 14 games with the Blackhawks last season put up a strong .936 save percentage and a 1.89 GAA, has been nearly unbeatable for the Blueshirts this year. He is 3-0-0 with a .976 save percentage and a microscopic GAA of 0.67 to begin the season.

His first start came against the then red-hot Sharks on Oct. 19, and he posted a 22-save shutout. After allowing just one goal to the Flames in a 4-1 win on Oct. 25, Raanta picked up another win by holding the Coyotes to just one goal despite facing 40 shots on Nov. 7. He almost had another shutout that evening, but the Coyotes broke it up with just four seconds to go.

Talbot, who was dealt to the Oilers for draft picks on the day of the NHL Draft, put up a .931 save percentage and a 2.00 GAA in 57 games as a Ranger over two seasons, and filled in admirably when Henrik Lundqvist was injured last season. But the Rangers knew that Talbot was going to demand more money and realized they couldn't afford to keep both him and Lundqvist, so they decided to part with Talbot preemptively.

And they are glad they did, as Talbot has really struggled in the early going with Edmonton; he is 3-7-0 this year with a .893 save percentage and a 3.00 GAA.

The Rangers acquired Raanta from the Blackhawks for a minor leaguer, and at just a $750,000 cap hit (Talbot currently makes $1.45 million annually), Raanta has paid off dividends.

"We need a goaltender who can give us around 20 games and … can win us some games," Rangers head coach Alain Vigneault told reporters last week. "And there's no doubt that in the small sample size, he's been good."

Raanta has also earned the confidence of his teammates.

"We didn't know much about him coming in," center Derick Brassard told the media after the game on Nov. 7. "[But] he's showing us he can play and we can be confident with him."

All three of Raanta's starts have come in the second game of a back-to-back occurrence, and with 14 back-to-backs left to go, Raanta is sure to see plenty of ice time. The next back-to-back comes this weekend.

Subtle shots

There's no bombast from Rex Ryan in the days prior to his first return to MetLife Stadium since being fired by the Jets. But he will make IK Enemkpali, who is now with the Bills after punching Geno Smith in the jaw this past summer, a team captain for Thursday's game and he did get in a little dig at the Jets at Tuesday's press conference. Ryan said he is far more concerned with the Patriots than the team he used to coach. GETTY IMAGES

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GCO 12-0607 IRB approved through 12/26/15

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Department of Integrative Medicine
The Center for Health & Healing
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Phone: **(212) 844-5023**
Email: **eliperez@chpnet.org**

Principal Investigator:
Elizabeth McDonald, MS, RDN, CSSD
The Center for Health & Healing
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Bronx VA Medical Center IRB Approval 8/15/15

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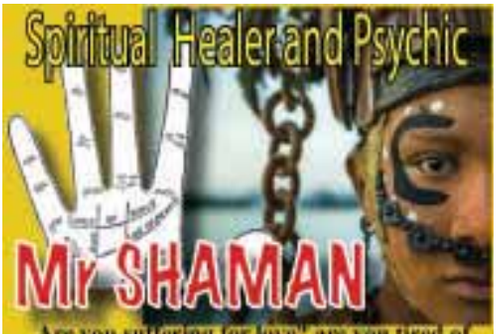

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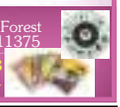

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